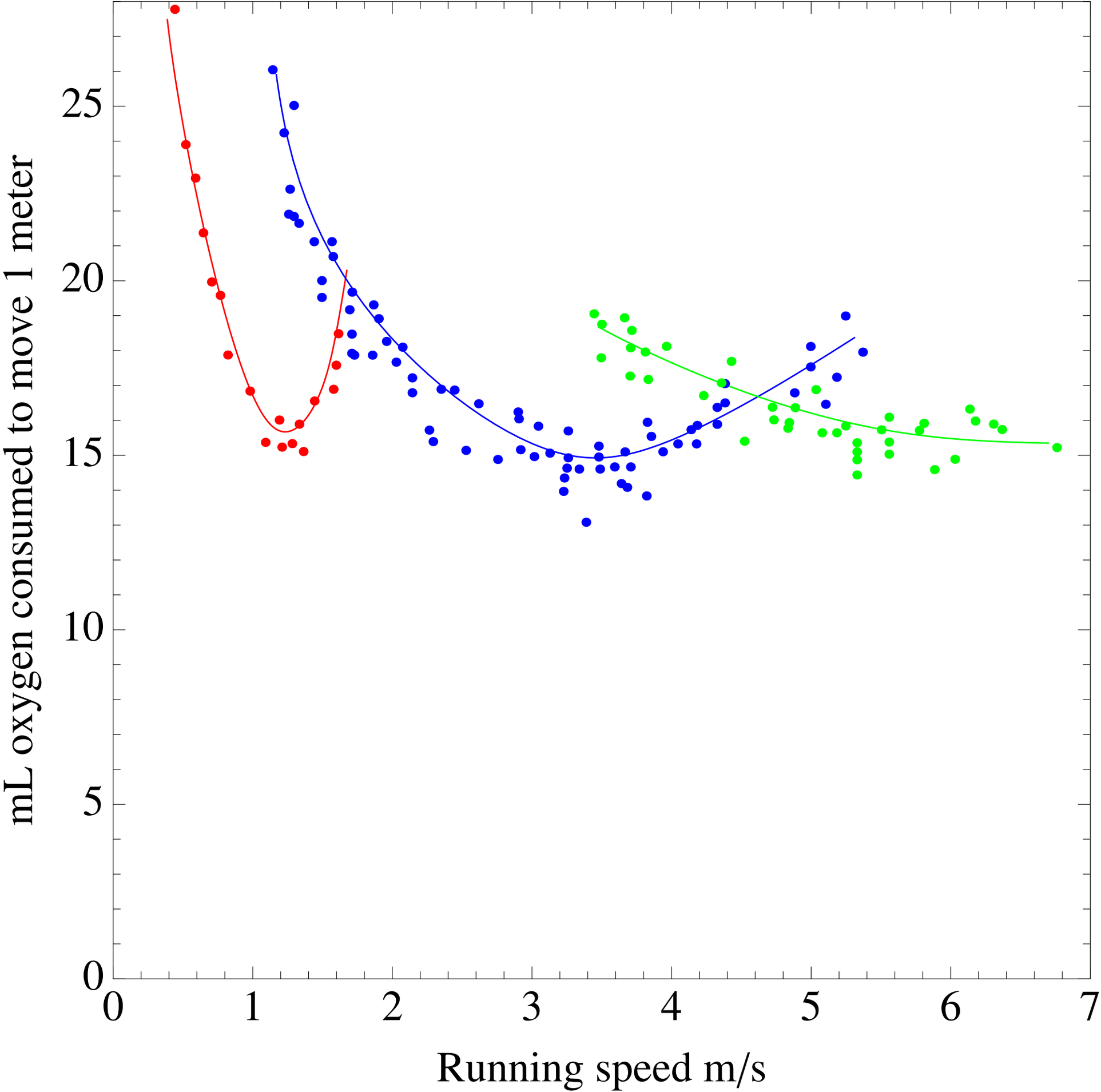
mL oxygen consumed to move 1 meter
0
5
10
15
20
25
0
1
2
3
4
5
6
7
Running speed m/s